

Why does he always beat me?

Can't he just leave me be?

Differences make us stronger,

I can't take this any longer!

I can't stay in this home anymore,

This has to be breaking the law.

I don't have much left to give,

This shouldn't be the way I live

I don't have the strength to carry on,

In my mind the man I married is gone

These people still judge me,

Why can't they see?

What would I do if I got away?

Would I end up as a stray?

## Domestic Abuse

You left me damaged,  
I don't know how I managed.  
It all became the norm,  
My childhood left torn.  
I used to think what you did was right,  
Leaving Mum alone to cry at night.  
All of those words you would shout,  
But my smile never hid how I really felt.  
You left me broken with no cure,  
My memories and heart no longer pure.  
You always were so frustrated,  
Hit my Mum so hard she nearly fainted.  
She loved, she cared, she took the vow,  
You blame her but you started the row.  
She took the blow, you threw the punch,  
You made her head hurt and her heart crunch  
She covered the cut, her face left bruised,  
But you could not miss the eyes of a woman abused.

## Abuse

A woman and a man, a typical couple,  
Happy as can be,  
But when the manor woman strikes,  
Bruises you will see,  
Doors slamming,  
People screaming,  
People screaming, but the victim stays silent  
Still  
Hair pulling, people shunning,  
I think they've had their fill.

When the nightfall comes the struggle begins,  
Boxes smashing, blood spraying,  
A little girl cornered outside by her Dad,  
Church bells ringing, family crying,  
Child now lying,  
Never to wake again.

They were broken,  
Tortured, abused in the night  
But still they never put up a fight,  
Every beating took was confidence killed,  
Their lives are still bright, but forever chilled.